

Monthly Return for Equity Issuer and Hong Kong Depositary Receipts listed under Chapter 19B of the Exchange Listing Rules on Movements in Securities

For the month ended:	31 August 2021	Status:	New Submission
To : Hong Kong Exchanges	and Clearing Limited		
Name of Issuer:	L&A International Holdings Limited		
Date Submitted:	03 September 2021		

I. Movements in Authorised / Registered Share Capital

1. Type of shares	Ordinary shares		Class of shares	Not applicable		Listed on SEHK (Note 1)		Yes		
Stock code	08195	Description								
Number of		f authorised/registered	d shares		Par value	е	Autl	horised/register	ed share capital	
Balance at close of preceding month		5,000,000,000,000			HKD		0.0001	HKD		500,000,000
Increase / decrease (-)								HKD		
Balance at close of the month		5,000,000,000,000		HKD		0.0001	HKD		500,000,000	

Total authorised/registered share capital at the end of the month: HKD 500,000,000

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II. Movements in Issued Shares

1. Type of shares	Ordinary share:	S	Class of shares	Not applicable	Listed on SEHK (Note 1)	Yes
Stock code	08195		Description			
Balance at close of preceding	Balance at close of preceding month		1,782,280,296			
Increase / decrease (-)		10,000,000				
Balance at close of the month	1	1,792,280,296				

Remarks:

Allotment and issue of 10,000,000 new Shares on 16 August 2021 upon exercise of share options

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III. Details of Movements in Issued Shares

(A). Share Options (under Share Option Schemes of the Issuer)

1. 7	ype of shares issuable	Ordinary shares		Class of shares Not applical		ble	Shares issuable to be listed on SEHK (Note 1)		SEHK (Note 1) Yes	3		
Stock code of shares issuable (if listed on SEHK) (Note 1)		1)	08195						,			
Pi	articulars of share option scheme	Number of share options outstanding at close of preceding month	N	Movemen	it during the		Number of share opt outstanding at close the month		month pursuant thereto	No. of new shares or issuer which may be issued pursuant there as at close of the mon	securit issued all sha	total number of ies which may be upon exercise of are options to be nted under the ne at close of the month
1).	Share Option Scheme adopted on 25/9/2014 Exercise Price: HK \$0.227 per Ordinary shares	10,000,000	Exerci	ised		-10,000,000		0	10,000,000		0	0
	neral Meeting approval e (if applicable)											
2).	Share Option Scheme adopted on 25/9/2014 Exercise Price: HK \$0.330 per Ordinary shares	127,992,000					127,992	2,000		127,992,0	00	127,992,000
	neral Meeting approval e (if applicable)										•	

Total A (Ordinary	shares):	10,000,000
Total funds raised during the month from exercise of options:	HKD	2,270,000

(B). Warrants to Issue Shares of the Issuer which are to be Listed Not applicable

(C). Convertibles (i.e. Convertible into Issue Shares of the Issuer which are to be Listed) Not applicable

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(D). Any other Agreements or Arrange	ments to Issue Shares of the Issuer which are to be listed, including Options (other than Share Options	Schemes)	Not applicable	
(E). Other Movements in Issued Share	Not applicable			
	Total increase / decrease (-) in Ordinary shares during the month (i.e. Total of A to E)	0,000,000		

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IV. Information about Hong Kong Depositary Receipt (HDR) Not applicable

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V. Confirmations

We hereby confirm to the best knowledge,	information and belief that, in re	elation to each of the secur	ities issued by the issuer d	during the month as set out i	n Part III and IV which has r	not been
previously disclosed in a return published ι	ınder Main Board Rule 13.25A	/ GEM Rule 17.27A, it has	been duly authorised by th	ne board of directors of the li	sted issuer and, insofar as	applicable

(Note 2)

- (i) all money due to the listed issuer in respect of the issue of securities has been received by it;
- (ii) all pre-conditions for listing imposed by the Rules Governing the Listing of Securities on The Stock Exchange of Hong Kong Limited under "Qualifications of listing" have been fulfilled;
- (iii) all (if any) conditions contained in the formal letter granting listing of and permission to deal in the securities have been fulfilled;
- (iv) all the securities of each class are in all respects identical (Note 2);
- (v) all documents required by the Companies (Winding Up and Miscellaneous Provisions) Ordinance to be filed with the Registrar of Companies have been duly filed and that compliance has been made with other legal requirements;
- (vi) all the definitive documents of title have been delivered/are ready to be delivered/are being prepared and will be delivered in accordance with the terms of issue;
- (vii) completion has taken place of the purchase by the issuer of all property shown in the listing document to have been purchased or agreed to be purchased by it and the purchase consideration for all such property has been duly satisfied; and
- (viii) the trust deed/deed poll relating to the debenture, loan stock, notes or bonds has been completed and executed, and particulars thereof, if so required by law, have been filed with the Registrar of Companies.

Submitted by:	Yuen Yu Sum						
Title:	Director						
	(Director, Secretary or other Duly Authorised Officer)						

Notes

- 1. SEHK refers to Stock Exchange of Hong Kong.
- 2. Items (i) to (viii) are suggested forms of confirmation which may be amended to meet individual cases. Where the issuer has already made the relevant confirmations in a return published under Main Board Rule 13.25A / GEM Rule 17.27A in relation to the securities issued, no further confirmation is required to be made in this return.

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- 3. "Identical" means in this context:
 - . the securities are of the same nominal value with the same amount called up or paid up;
 - they are entitled to dividend/interest at the same rate and for the same period, so that at the next ensuing distribution, the dividend/interest payable per unit will amount to exactly the same sum (gross and net); and
 - . they carry the same rights as to unrestricted transfer, attendance and voting at meetings and rank pari passu in all other respects.
- 4. If there is insufficient space, please submit additional document.
- 5. In the context of repurchase of shares:
 - . "shares issuable to be listed on SEHK" should be construed as "shares repurchased listed on SEHK"; and
 - . "stock code of shares issuable (if listed on SEHK)" should be construed as "stock code of shares repurchased (if listed on SEHK)"; and
 - . "type of shares issuable" should be construed as "type of shares repurchased"; and
 - . "issue and allotment date" should be construed as "cancellation date"
- 6. In the context of redemption of shares:
 - . "shares issuable to be listed on SEHK" should be construed as "shares redeemed listed on SEHK"; and
 - . "stock code of shares issuable (if listed on SEHK)" should be construed as "stock code of shares redeemed (if listed on SEHK)"; and
 - . "type of shares issuable" should be construed as "type of shares redeemed"; and
 - . "issue and allotment date" should be construed as "redemption date"

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